## **Covered Benefit: Patient Education**

CMP Published: Yes ☑ No □ <u>Weight Management</u> CPG Published: Yes ☑ No □ <u>Tobacco Cessation,</u> <u>Tobacco Cessation in Pregnancy</u> <u>Diabetes, Asthma</u>

<u>Definition:</u> Patient education includes programs associated with childbirth education, smoking cessation, nutritional counseling and classes, weight management, asthma education, and diabetes education. The patient education services described below may be rendered as individual or group services led by a physician or qualified health care professional.

These services refer to structured education programs that are distinct from the patient education that occurs between practitioner patient discussions during an office visit or as part of an ongoing practitioner-patient relationship.

<u>Benefit Packages</u>: RIte Care, Children with Special Health Care Needs, Substitute Care and Rhody Health Partners (RHP), Rhody Health Options Phase One (RHO), and ACA Adult Expansion (RHE).

## Coverage Limitations:

• The Community Asthma Program (CAP) is a specific asthma education program at Rhode Island Hospital for which screening and asthma kits are limited to one per year on a rolling year basis (from last date of screening).

## Exclusions:

- Rhody Health Partner (RHP), Rhody Health Options Phase One (RHO), and ACA Adult Expansion (RHE) members are excluded from Weight Management Programs.
- The Extended Family Planning (EFP) benefit package is limited and does not include patient education related benefits.

## Coverage Includes:

- Asthma Education
- Community Asthma Program
- Childbirth Education Classes
- Diabetic Education Classes
- Nutritional Counseling and Classes
- Weight Management Programs
- Lactation Consultant
- Smoking Cessation Classes
- Parenting Classes

Notes:

In order to accommodate patient education during practitioner office visits there are counseling service codes listed under Physician Services benefit coverage summary also.

<u>VERSION HISTORY</u>: Create Date: 06/25/10 Revision Dates: 09/03/10, 09/28/10, 10/6/10, 02/04/11, 05/19/11, 8/15/12, 5/3/13, 9/1/13 PEC-12/19/14