

Billing and Reimbursement Guideline: Obstetrical Guidelines

Guideline Publication Date: September 1, 2010

Key coding, documentation and reimbursement points include:

- **Routine** care is generally defined as:
 - Initial and subsequent history
 - Physical examination
 - Recording of weight
 - Blood pressure checks
 - Monitoring of fetal heart tones
 - Routine chemical urinalysis
 - Routine visits
 - Management of uncomplicated labor and delivery services, including admission
 - Postpartum hospital and office visits following vaginal and cesarean delivery

- Any high risk visits or visits for an unrelated diagnosis must be billed with supporting diagnosis codes for separate reimbursement to be considered.

- Obstetrical care is considered included in the obstetrical package from the date that the obstetrical medical record is established.

- If multiple vendors are reimbursed for routine care, Neighborhood will reimburse up to the total allowed global package amount.

- Appropriate Modifiers should be used to indicate a separately identifiable service. Notes may be required to support separate reimbursement.

Nutritional Education and Counseling Rendered within the Global Period:

- Neighborhood will reimburse for nutritional counseling on the same day as an Evaluation and Management service rendered by the same provider.

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Format change, minor edits

- A pregnancy related diagnosis must be billed on the claim.
- Appropriate modifiers
- should be used to indicate a separately identifiable service. Notes may be required to support separate reimbursement.

Obstetrics, Multiple Deliveries:

- The types of billing for multiple births will follow the scenarios for twin births. It is important that the determination is based on information regarding the mode of delivery.
 - Both vaginal delivery – Twin A (first born) 59400 and Twin B 59409-51
 - Both cesarean delivery – Only one cesarean section surgical procedure is done; 59510 is billed once with modifier -22
 - One birth vaginal and one birth cesarean - 59510 (primary procedure) for cesarean delivery and 59409-51 for vaginal delivery
 - If more than two newborns are delivered, each additional baby is coded by type of delivery with the appropriate modifier.
- Medical complications including hypertension, toxemia, hyperemesis gravidarium, congenital and genetic defects, cardiac or neurological abnormalities should be documented in the record and coded appropriately.
- This guideline applies to both CMS-1500 and UB-92 claim submissions.

Confirmation of Pregnancy Visits:

- The "confirmation of pregnancy visit" is typically a minimal visit. The physician may draw blood and prescribe prenatal vitamins if the test results are positive.
- If the pregnancy has been confirmed by another physician or qualified health care professional (i.e. ultrasound, blood test) you would not bill a confirmation of pregnancy visit.

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Please refer to Neighborhood's provider website at <http://www.nhpri.org> for specific provisions by product line.

This guideline is not a guarantee of reimbursement. Plan coverage, eligibility and claim payment edit rules may apply.

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